Registration Under Way for Connecticut Food Bank’s 2012 Walk Against Hunger

East Haven, CT – Online registration is now open for Connecticut Food Bank’s 2012 Walk Against Hunger, presented by Webster Bank, at www.ctfoodbank.org/walk. The family-fun event is held three different Sundays this spring in Bridgeport, New Haven and Waterbury to help Connecticut Food Bank in its mission to alleviate hunger in Connecticut.

All three walks are 2.5 to 3 miles long and get underway at 1 p.m. on the following dates and locations:

- **3rd Annual Greater Bridgeport Walk Against Hunger**
  Sunday, April 29, 2012
  Seaside Park, Bridgeport

- **36th Annual Greater New Haven Walk Against Hunger**
  Sunday, May 6, 2012
  College Woods Pavilion at East Rock Park, New Haven

- **7th Annual Greater Waterbury Walk Against Hunger**
  Sunday, May 20, 2012
  Library Park, Waterbury

Walk participants are supported by family members, friends, colleagues and others prior to the event. Proceeds helps Connecticut Food Bank transport, warehouse and distribute donated food to local community agencies such as soup kitchens, shelters, food pantries, and adult and child day centers. Every dollar raised helps Connecticut Food Bank provide three meals to someone in need.

Individuals and Walk Teams can pre-register online at [www.ctfoodbank.org/walk](http://www.ctfoodbank.org/walk) on a new Walk Against Hunger website that features a participant center with “Walker Tools” to help reach fundraising goals. In addition to fundraising ideas, walkers are provided with sample e-mails, to help them reach out to their social networks to gain support. Returning walkers and teams must reregister on the new website.

In 2011, the Walks in New Haven, Bridgeport and Waterbury attracted 1,500 walkers and raised more than $240,000 for the anti-hunger effort in Connecticut. The funds enabled Connecticut Food Bank to distribute more than $1 million of food at wholesale value to people in need.

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**Connecticut Food Bank** serves approximately 600 community-based feeding programs in six of Connecticut’s eight counties: Fairfield, Litchfield, Middlesex, New Haven, New London and Windham. Connecticut Food Bank distributes an average of 33 tons of food every business day.