

Where to Donate



Connecticut Food Bank
150 Bradley St.
East Haven, CT
203.469.5000
ctfoodbank.org

Local hunger relief organizations are listed inside this brochure.



For larger donations, contact Marilyn Wilkes at (203) 937-6939 to arrange a pickup.

Donations are tax-deductible. Receipts provided.

About Connecticut Food Bank

The mission of Connecticut Food Bank is to alleviate hunger. We do this by supplying food and other resources to eligible programs throughout our service areas and promoting public awareness about the problem of hunger.

Connecticut Food Bank distributes food to 650 food-assistance programs, such as soup kitchens, shelters, food pantries and adult and child day care centers in six of Connecticut's eight counties: Fairfield, Litchfield, Middlesex, New Haven, New London and Windham.

In 2008, Connecticut Food Bank distributed more than 16 million pounds of food. Since 1982, Connecticut Food Bank has distributed more than 187 million pounds of food to people in need in Connecticut.



Contact

Marilyn Wilkes

Plant a Row Coordinator
(203) 937-6939
marilyn.wilkes@yale.edu



What to Plant



Beets
Broccoli
Cabbage
Carrots
Cauliflower
Cucumbers
Eggplant
Garlic
Green beans

Kale
Peas
Radishes
Spinach
Summer Squash
Sweet Peppers
Tomatoes
Winter Squash
Zucchini



Connecticut Food Bank and food pantries need fresh, firm, clean and durable vegetables. Herbs and flowers are also welcome.

About *Plant a Row*

More than a decade ago, *Plant a Row for the Hungry* grew out of a column written by a former Garden Writers Association of America president who encouraged local gardeners to add an extra row of vegetables to benefit a local soup kitchen.

Plant a Row in Connecticut was launched in 2006 by local resident and avid gardener, **Marilyn Wilkes**, to help local hunger relief organizations, such as food pantries. This effort has provided fresh produce for people who might otherwise go without. In Connecticut, 280,000 people are hungry or at risk of hunger each year. One third of the people in the state who receive food assistance are children who need nutritious food to help them grow.

The success of this program hinges on community involvement. Home gardeners, farmers, schools, places of worship, youth and community organizations, and area businesses can all help make a difference for their neighbors in need by adding a row of seed beds or donating their surplus to **Connecticut Food Bank** and other local hunger relief organizations.

For more information about *Plant a Row*, please visit:

www.gardenwriters.org.

YOU CAN DELIVER YOUR *PLANT A ROW* PRODUCE DIRECTLY TO THE FOLLOWING PROGRAMS

City of Bridgeport

Apostolic Ark Pentecostal, 1857 Barnum Ave.
Bethel Memorial Deliverance, 1242 State St.
Bethel Recovery Center, Inc., 1037 Sylvan Ave.
Bethel Shiloh Apostolic Church, 1621 Iranistan Ave.
Bishop Jean Williams, 4 Worth St.
Blessed Sacrament Food Pantry, 275 Union Ave.
Bridgeport Rescue Mission, 1088 Fairfield Ave.
Bridgeport Salvation Army, 30 Elm St.
Bridgeport Tabernacle Seventh Day Adventist, 717 Clinton Ave.
Brooklawn Seventh Day Adventist Church, 250 Brooklawn Ave.
Calvary Seventh Day Adventist Church, 827 Trumbull Ave.
Calvary St. George's, 755 Clinton Ave.
Cesar A. Batalla Family Resource Center, 606 Howard Ave.
Christian Revival Church, 441 Bishop Ave.
Church of God, 1126 East Main St.
Daughters of Charity, 1490 North Ave.
Dunbar Family Resource Center, 790 Central Ave.
East End Community Council, 1149 Stratford Ave.
Faith Gospel Assembly Church, 407 Lafayette St.
Father's House Food Pantry, 784 Connecticut Ave.
First Christian House Prayer, 42 Laurel Ave.
Holy Rosary Roman Catholic Church, 365 East Washington Ave.
Iglesia Pentecostal El Olivar, 1241 Barnum Ave.
King's Pantry Site #1, 30 Florence St.
King's Pantry Site #2, 263 Golden Hill St.
Light on the Hill Food Pantry, 110 Clermont Ave.
North End Community Council, 555 Trumbull Ave., Building 11
Re-Entry Ministry Pantry, 84 Holly St.
Roosevelt School Family Resource Center, 680 Park Ave.
St. Charles Food Pantry, 1279 East Main St.
St. Luke's Episcopal Church, 594 Kossuth St.
St. Stephen Food Pantry, 43 Madison Ave.
Spanish Seventh Day Adventist Church, 980 Sylvan Ave.
United Tabernacle Apostolic, 2155 East Main St.
Victory Outreach Church, 381 Jane St.
Waltersville Family Resource Center, 95 Gilmore St.

Fairfield County

Agape Food Pantry, 40 Johnson Court, Stratford
Area Congregations Together Pantry, 30 Todd Road, Shelton
Brotherhood in Action of Bethel, Inc., 137 Greenwood Ave., Bethel
Community Action Committee of Danbury, Inc., 10 Dr. Aaron B. Samuels Boulevard, Danbury
Daily Bread at St. James Church, 25 West St., Danbury
Danbury Salvation Army, 15 Foster St., Danbury
FAITH Food Pantry, 5 Washington Ave., Sandy Hook

Fairfield County (continued)

Interfaith AIDS Ministry of Greater Danbury, 39 Rose St., Danbury
Living Water Deliverance Ministry Pantry, 5 Cemetery Drive, Stratford
Monroe Food Pantry, 980 Monroe Turnpike, Monroe
Newtown Salvation Army, 3 Main St., Newtown
Operation Hope, 338 Commerce Drive, Fairfield
St. Thomas Church, 95 Greenwood Ave., Bethel
St. Vincent de Paul Society, 203 East Ave., Norwalk
Sterling House Food Pantry, 2283 Main St., Stratford
South End Community Food, 19 Bates St., Stratford
Trumbull Social Services, 23 Priscilla Place, Trumbull

Litchfield County

Cristo Sana Las Heridas, 248 Water St., Torrington
Community Food Bank, 93 River Road, Pleasant Valley
Community Services Council of Woodbury, Inc., 238 Main St., Woodbury
FISH of Torrington—Pantry, 332-334 South Main St., Torrington
Fishes & Loaves, 30 Granite Drive, Canaan
Friendly Hands Food Bank, Inc., 50 King St., Torrington
Kent Community Fund, Inc., 93 North Main St., Kent
New Milford United Methodist, 68 Danbury Road, New Milford
OWL's Kitchen, 76 Sharon Road, Lakeville
Plymouth Community Food Pantry, 20 Dewey Ave., Terryville
Torrington Salvation Army, 234 Oak Ave., Torrington
Winsted Salvation Army, 110 Main St., Winsted

Middlesex County

Amazing Grace, 139 Main St. Extension, Middletown
House of God, 217 East Main St., Middletown
People Helping People True Vine Holiness Church, 398 Main St., Portland
Shiloh Baptist Church, 346 Butternut St., Middletown
Shoreline Soup Kitchens—Congregational Church, 366 Main St., Old Saybrook
Shoreline Soup Kitchens—Episcopal Church of Holy Advent, 81 East Main St., Clinton
Shoreline Soup Kitchens—St. Mark's Church, 222 McVeagh Road, Westbrook
Zion First Baptist Church, 16 James A. Moses Ave., Middletown

New London County

Shoreline Soup Kitchens—First Congregational Church, 2 Ferry Road, Old Lyme

For more hunger relief organizations in New London, please call The Gemma E. Moran United Way/Labor Food Center at (860) 444-8050.

City of New Haven

AIDS Project New Haven, 526 Whalley Ave.
Bethel A.M.E. Church, 255 Goffe St.
Cathedral of Higher Praise, 155 Grand Ave.
Centro San Jose, Inc., 290 Grand Ave.
Christian Community Action, 168 Davenport Ave.
Christian Love Center—Pantry, 154 Derby Ave.
Downtown Evening Soup Kitchen (DESK), 311 Temple St.
Fair Haven Parent's Ministry, 160 Ferry St.
Glorified Deliverance Church, 604 Dixwell Ave.
Holy Nation Tabernacle of Praise and Worship Church, 611 Washington St.
Immanuel Baptist Church, 1324 Chapel St.
IRIS: Integrated Refugee and Immigrant Services, 235 Nicolls St.
Jewish Family Services, 1402 Whalley Ave.
Macedonia Church of God, 151 Newhall St.
Mount Hope Recovery Center, 567 Dixwell Ave.
New Haven Life Resource Center, 156 Ferry St.
New Haven Salvation Army, 450 George St.
Salvation & Deliverance Church, 127 Thompson St.
St. Andrew's Episcopal Church, 266 Shelton Ave.
St. Luke's Church Food Pantry, 111 Whalley Ave.
St. Matthew's U.F.W.B. Church, 400 Dixwell Ave.
St. Paul's Loaves & Fishes, 57 Olive St.
Varick A.M.E. Zion Church, 246 Dixwell Ave.

New Haven County

Apostolic Community Church, 144 Center St., Meriden
Berean Assembly of God, 989 New Haven Ave., Milford
Branford Food Council, 30 Harrison Ave., Branford
Christian Union Church, 426 Washington Ave., West Haven
Cornerstone Christian Center, 192 Meadow St., Milford
East Haven Food Pantry, 39 Park Place, East Haven
Ecumenical Food Bank, 75 Spring St., Naugatuck
Faith Baptist Church, 39 Emma St., West Haven
Father McKenna St. Vincent De Paul of Shelton, Inc., 237 Roosevelt Drive, Derby
Gateway Food Pantry, 129 Bull Hill Lane, West Haven
God's Miracles Unlimited Outreach, 1441 Dixwell Ave., Hamden
Greater Valley Salvation Army, 26 Lester St., Ansonia
Guilford Food Pantry, 45 Stone House Lane, Guilford
Iglesia Cristiana Palabra de Vida—Libres, 82-B Camp St., Meriden
Love Center Del Ministry, 19 George St., Hamden

New Haven County (continued)

Master's Manna, Inc., 316 North Colony Road, Wallingford
Meriden Salvation Army, 23 Saint Casimir Drive, Meriden
Milford Food Bank, 9 Jepson Drive, Milford
Ministry of Helps Foundation, 308/310 Morse St., Hamden
More Than Conquerors Church, 65 Tucker Hill Road, Middlebury
New Gethsemane, 220 Colony St., Meriden
Operation Pantry, 191 Pratt St., Meriden
Parker Memorial A.M.E. Zion Church, 1280 North Broad St., Meriden
Seymour/Oxford Food Bank, 91 Church St., Seymour
St. Ann's Soup Kitchen, 930 Dixwell Ave., Hamden
St. Gabriel Church, 26 Broadway, Milford
Wallingford Food Pantry/American Red Cross, 144 South Main St., Wallingford
WHEAT, 674 Washington Ave., West Haven

City of Waterbury

Ark Church, 513 Meriden Road
Church of God, 122 East Farm St.
Community Tabernacle Outreach, 12 Hewlett St.
First Assembly of God, 1245 Thomaston Ave.
Greater Waterbury Interfaith Ministries, 16 Church St.
Iglesia Aposento Alto—Helping Hands, 514 Long Hill Road
Iglesia Cristiana Juan 3:16, 332 Baldwin St.
St. Vincent DePaul, 327 Baldwin St.
Waterbury Baptist Ministries, 222 West Main St.
Waterbury Salvation Army, 74 Central Ave.

Windham County

ACCESS Agency Danielson, 231 Broad St., Danielson
ACCESS Pantry Willimantic, 1315 Main St., Willimantic
Canterbury Cares, 6 South Canterbury Road, Canterbury
Catholic Charities & Family Services, 115 Ash St., Willimantic
Covenant Soup Kitchen, Inc., 220 Valley St., Willimantic
Daily Bread, 51 Grove St., Putnam
Friends of Assisi, 77 Water St., Danielson
Project PIN, 15 Railroad Ave., Plainfield
St. Alban's Church Food Pantry, 254 Broad St., Danielson
TEEG, Inc., 65 Main St., North Grosvenordale

For hunger relief organizations in lower Fairfield County, please call The Food Bank of Lower Fairfield County at (203) 358-8898.